

## Join the register

Aged 18-40?

If you are considering joining the Anthony Nolan Register on behalf of thousands of patients hoping for a donor - thank you.

Please read this site carefully to make sure you are fully comfortable with the lifelong commitment which joining entails. We also recommend you discuss your decision with close friends and family.

You also need to make sure you meet the necessary [general and medical criteria](#).

Although it costs us up to £125 to recruit each donor, tissue-type each sample, and maintain the donor's records there is no cost or charge for you and you can sign up from anywhere in United Kingdom, so long as you are a UK resident.

[Stage 1 : Completing the paperwork](#)

[Stage 2 : Giving a saliva sample \(if you have not attended a recruitment clinic\)](#)

[Stage 3 : Testing your saliva sample](#)

[Stage 4 : Registration as a potential bone marrow donor](#)

### Related Links



[Criteria for joining the register](#)



[Medical exclusion criteria](#)